



*"No occupation is so delightful to me as the culture of the earth, and no culture comparable to that of the garden."*

Thomas Jefferson



## Horticultural Tips

By Anthony P. Tuggle  
Extension Agent

### Inside This Issue

Recipe of the Month	2
Sam Davis Update	2
Event Calendar	3
Announcements	3
About MGRC	4

**Trees & Shrubs:** It has been a long hot summer, and we have noticed many trees and shrubs have died because of drought and/or insect damage. So, it is time to plant trees and shrubs in our landscapes. You can also take cuttings and root some of your deciduous shrubs such as hydrangea, viburnum and weigela. You also want to protect roses for the winter and other plants by mulching them and your flowerbeds. When applying mulch, you do not want to apply more than 2-4 inches of good compost or mulch.

**Perennials, Annuals & Blubs:** Most really enjoy those beautiful spring colors in our landscape such as winter aconite, glory of the snow, tulips, narcissus and grape hyacinths. Now is a good time to plant them so we can get spring colors. You may also want to apply a slow-release fertilizer to those beds that contain the spring flowering bulbs. Cooler weather has started to cause perennial foliage

to die back; therefore, it is a good time to cut them back. Perennials can be transplanted through this month as long as they remain dormant. You can also still plant cool-season annuals such as calendulas, Iceland poppies, primroses, pansies and violas, snapdragon, ornamental cabbage and kale.

**Fruit, Vegetables & Herbs:** After a good fruit crop this year, we need to prepare our trees for next year by spraying fruit trees with dormant oil as soon as the leaves fall to help control over-wintering insects and diseases. You need to secure your raspberry canes to stakes to protect them from wind whipping them up. Cover strawberries with about 2 inches of hay or straw to reduce weeds and increase winter protection. Continue to harvest fall vegetables. Incorporate nitrogen-free fertilizer in annual and vegetable gardens for next growing season. Complete removal

of fallen leaves and debris to protect plants from over-wintering insects and disease organisms.

**Lawns:** It isn't too late to apply a pre-emergent herbicide to your lawn to control winter annual weeds like henbit, annual bluegrass, deadnettle. If you have over seeded your tall fescues make sure that your seeds have germinated and started to grow before you apply a pre-emergent herbicide. Before applying any herbicide, always read the label first and follow it. It is the law.



To find out more information, please call the Extension Service at 615-898-7710 or visit our office at 315 John R. Rice Blvd.; Suite 101 in Murfreesboro. The Extension Service offers its programs to all persons regardless of race, color, national origin, sex, age or disability and is an Equal Opportunity Employer.

**New Feature:  
Recipe of the Month**

At each monthly meeting members bring their culinary creations for others to enjoy, whether it is hors d'oeuvres, salads, main dishes, or desserts. All members and guests always comment on the delicious dishes.

This is our second recipe. Please bring your favorite recipe to the meeting on November 17<sup>th</sup> for the Editor. You may also submit your recipe via e-mail to:  
[ksmith555@bellsouth.net](mailto:ksmith555@bellsouth.net)

## Recipe of the Month

### Sausage-Spinach Quiche

**By: Wanda Richardson**

**Ingredients:**

1 lb. Pork sausage (I use Mild)  
1 bunch Green onions chopped  
1 10oz. Box frozen spinach cooked & drained  
½ cup Herb-seasoned stuffing mix  
1 ½ cups Monterey Jack cheese, shredded  
3 Eggs, slightly beaten  
1 ½ cups Milk (or half-n-half)  
2 Tbs Parmesan cheese grated  
Paprika

**Directions:**

Heat oven to 375°  
Cook sausage, green onion until sausage is brown  
Drain  
Stir in spinach & stuffing mix  
Sprinkle first cheese and then sausage mixture in 9 inch pie shell  
Combine eggs & milk in bowl & mix well (not frothy)  
Pour egg mixture over sausage mixture  
Bake 30 minutes  
Sprinkle with Parmesan cheese & top with Paprika  
Bake 15 minutes more or until knife inserted comes out clean.  
Let sit 10 minutes before serving



Not a picture of the Sausage-Spinach Quiche

## SAM DAVIS HOME GARDEN CLUB UPDATE

The Sam Davis Home Garden Club met Friday, October 3. In attendance were Jeanette Ellis, and RCMG members Linda Goetz, Barbara Crick, Karla Hagen, Anna Paddon and Bob Ellis. Topics discussed included the Administration Building Landscape Project and maintenance of the Herb Garden. The Administration Building Project will wait until topsoil is available, and planting will be postponed until spring.

A workday for the Herb

Garden was October 18<sup>th</sup>. During that day, the Herb Garden was readied for the winter by trimming back and thinning out existing plants. New Woolly Thyme and Trailing Rosemary were added to the beds. Weeding is a continuous necessity, and volunteers are always welcome! Pine straw mulch was also put down over the beds.

Barbara Crick collected cuttings from the large Rosemary and will dry them to hang in the kitchen of

the historic Sam Davis Home, and also to sell in the home's gift shop.



Sam Davis Home  
1399 Sam Davis Road Smyrna, TN  
615-459-234

MEETING CALENDAR FOR 2008						
Month	Day	Program	Refreshments			
Nov	17	Mimi Keisling-UT Exten. Recycling TN	Bring Finger Food			
Dec	15	Christmas Social	Bring Your Best Dish			

  

<h1>November 2008</h1> 							
			Sunday	Monday	Tuesday	Wednes	Thursday
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17 Ex Com MGRC Meeting	18	19	20	21	22	
23	24	25	26	27 	28	29	
30							

**NOTE FROM THE EDITOR:**

You have probably noticed a change in this month's newsletter format. Unfortunately I lost my newsletter program, and have had to try to create this one individually. Please bear with me and maybe we will have the newsletter program back soon.

**2009 Slate of Officers**

The Nominating Committee which was appointed at the October meeting will present their recommendations for our 2009 Officers at the November meeting. Nominations can also be presented from the floor.

Voting for our 2009 Officers will be at the December meeting.



Demonstration by Jason Reeves  
The University of Tennessee  
West Tennessee Research & Education Center  
Jackson, Tennessee

**2009 Garden Basics IV**

**Dates:** January 24 & 31  
February 7, 14, & 28

**Time:** 9:00 a.m. – 12:00 N

**Location:** Lane Agri-Park

**Cost:** \$45.00  
Includes class materials and snacks



**Master Gardeners of  
Rutherford County**  
Rutherford County  
Extension  
Lane Agri-Park  
315 John R. Rice Blvd.  
Suite 101  
Murfreesboro, TN 37127

**Phone**  
615-898-7710

**Fax**  
615-898-7999

**E-mail Newsletter Editor**  
ksmith555@bellsouth.net

#### **We're on the Web!**

See us at:  
[www.mastergardeners-rc.org](http://www.mastergardeners-rc.org)

## About Our Organization

**"the Scoop"** is the official newsletter of the Master Gardeners of Rutherford County, Tennessee and is published by email the first week of the month. Those members without email and who are not able to attend meetings may receive the newsletter by U.S. Postal mail. The deadline for articles, pictures, events, etc. to be included in the newsletter is due the fourth Friday of each month.

Meetings are held on the third Monday of each month at the Lane Agri-Park at 6:30 p.m., unless specified. Membership is \$25 for a single, or \$35 for a couple residing at the same address. All memberships are valid January through December and are pro-rated.

Memberships in the Master Gardeners of Rutherford County are open to those interested in learning, teaching, and volunteering for the purpose of educating the community in all phases of gardening.

Please Note: Master Gardener Certification requires 40 hours of training plus 40 hours of volunteer service. Recertification requirements are 25 volunteer hours, plus 8 hours of continuing education per year. Attendance at meetings count as 1.5 hours for continuing education and 1.5 hours for administration.

©2008 "Copyright"  
Master Gardeners of Rutherford County  
All Rights Reserved

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture, county governments cooperating, UT Extension, and Tennessee State University provide equal opportunities in programs and employment.